STAFF DIRECTORY

GENERAL PHONE NUMBER: 870-3520

Website: www.vernon-ct.gov

DIRECTOR: BRUCE DINNIE ASSISTANT DIRECTOR: ADMINISTRATIVE ASSISTANT: STEVE KRAJEWSKI DIANE GARNELIS RECREATION SUPERVISOR: **BRUCE WATT RECREATION SUPERVISOR: AMY LOCANDRO** PARK SUPERVISOR: PARK MAINTAINER: **DAVE BOWER** MITCH REID PARK MAINTAINER: MARK LUCAS PARK MAINTAINER: PARK MAINTAINER: PARK MAINTAINER: **ROB ARTHUR** D.J. LUPACCHINO MIKE MANFRE PARK MAINTAINER: **JEFF CARLSON**

1	FR	F	\cap I	IFN	JTI	\mathbf{V}	RF	Ω I	IFS'	LED	NIII	MBERS
J	1 . 1 .	יכוו	\mathcal{L}	וכור.	N I I.	, I	$\mathbf{I} \mathbf{X} \mathbf{I} \mathbf{Z}$	v		エロコフ	INUL	VIDISINO

Rockville Little League-Hans Peterson	875-1832
Vernon Little League-Joe Kurowski	
Babe Ruth Baseball- Joe Pane	997-0536
Girls' Little League Softball-Steve Turgeon	872-9790
Vernon Youth Soccer-Stu Jones	875-9408
Vernon Youth Football-Tom Lukas	871-7345
Youth Hockey-Jim Larza	529-5295
Youth Lacrosse-Bruce Gezelman	870-9461
Over 55 Softball-Joe Nolette	420-9345
Junior Women's Club-Nancy Carter	871-2233
Vernon Town Hall	870-3599
Vernon Public Works	870-3500
Vernon Animal Control	870-3558
Indian Valley Y.M.C.A.	872-7329
Vernon Orioles-Steve Krajewski	870-3520

REGISTRATION AND GENERAL INFORMATION

CONSIDER YOURSELF REGISTERED – if you do not hear from us. You will be notified if a change occurs or if the program is filled. You are automatically put on the waiting list and your payment returned if the class is filled at the time your registration is received. Assume classes will begin on the dates listed. If you would like a receipt, please enclose a SASE with your registration. All programs are open for registration unless otherwise noted in the program description. You may register on-line at www.vernon-ct.gov

INSURANCE – All persons participating in Recreation programs should carry their own personal health insurance. The Town of Vernon is not responsible for personal injuries. Participants in all Department sponsored programs participate at their own risk. Only those enrolled in the program may attend.

ADA – The Town of Vernon does not discriminate on the basis of race, color, national origin, sex, religion, age, or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs assistance, please let us know when you register.

CLASSES – We reserve the right to limit class size and to cancel classes failing to meet minimum requirements. Vernon residents are given preference for all programs during the 1st week of registration.

PAYMENT – Registration is not considered valid until the program fee is paid. We accept check, Mastercard or Visa.

REFUNDS – are given only prior to the start of classes or if we cancel the program. Once an activity has started no refunds will be granted except in the case of injury, illness, or relocation. Refunds will then be given on a pro-rated basis and are under the discretion of the Parks and Recreation Director. Please note that there is a \$5.00 charge for refunds and transfers.

INCLEMENT WEATHER – In the case of inclement weather, the Parks and Recreation Department reserves the right to cancel programs for the day. All decisions on programs will be made by 4:00 p.m. unless your program starts earlier. A decision will be made by 9:00 a.m. for weekend and morning programs. Please contact the Recreation Office at 870-3520. The Department will attempt to post any program cancellation information on 1080AM and WFSB Channel 3.

SCHOLARSHIP PROGRAMS – It is our policy that residents of Vernon who cannot afford to participate in programs or activities can make confidential inquiries for assistance to Bruce Dinnie, Director of Parks and Recreation (870-3520)

NO CLASS DATES - Class and Programs that are not scheduled for a certain date i.e. holiday, are marked with a NC and followed by dates that the class will not meet.

BIRTHDAY PARTIES JACK AND JILL RECEPTIONS

BABY SHOWERS CLASS REUNIONS

BUSINESS MEETINGS

TEEN CENTER RENTAL

Looking for a place to have your child's birthday party? Need to hold a community meeting? Look no further than the Vernon Teen Center! Available to individual and community groups, the Teen Center will be sure to accommodate all your needs. Fee is \$33 per hour with minimum of 2 hours. For details contact the Amy Locandro at 870-3520.



NEWHOCA LODGE RENTAL
Newhoca lodge is set on a gorgeous camp ground on the middle of Bolton Lake. This is the perfect spot to hold a family reunion, baby shower, birthday party and much more. The fee to rent the lodge is \$25 an hour for a resident and \$30 per hour for non-residents. For more details, call Diane Garnelis at 870-3520.



PICNIC AREAS

Fox Hill Tower-Free Church St. Rails to Trails-Free Dart Hill Park-Free

Walker's Reservoir-Free Valley Falls-See info below Newhoca Park-

Henry Park-See info below Saxony Mill Park-Free

See info below

The Town's picnic groves are available for rent. Reserve yours today. Picnic groves are located at the following locations:

Valley Falls Park: Located on Valley Falls Road, Valley Falls Parks contains picnic areas out in the field and one pavilion. Fees vary upon picnic areas and length of rental time.

Henry Park: Located at 120 South Street, Henry Park has three picnic grove areas. There is a \$10.00 charge for the use of these groves.

Newhoca Park: Located on Grier Road, Neshoba Park has a pavilion that is great for all occasions. There is a \$25.00 per hour charge with a two-hour minimum.

Youth Programs

(REK) RECREATION & EDUCATION FOR KIDS

The new after school program that meets all expectations!

Programs at Skinner Road, Center Road, & Maple Street School Year 2009-10 ENROLL NOW!

Program runs from the first day of school through the last day of school.

Hours: Monday – Friday (from the end of the school day until 6pm)

Programs offered on half days, and school vacations Great Activities & Great Staff

The Vernon Parks and Recreation Department is committed to providing high quality educational experiences for your child. Our after school program includes many community partnerships.

This program has been carefully designed to offer parents a great option to have your child in a well-rounded, fun filled environment. P&R strives to make this program affordable and convenient. Your feedback is always welcome!!!!!

Your Typical Day

The REK program strives to meet each child's intellectual and physical needs through a variety of creative indoor and outdoor experiences. Everyday activities include:

Homework – Children have time each day to complete their homework. Fitness- Everyday there is a designated time for introducing kids to new and fun ways to achieve physical fitness.

Sports- Different sports will be played each day Snack- a nutritious snack will be served.

Arts & Crafts- Other fun activities will be planned for your child.

Pricing for 2009-10 \$11.50 per day \$17.50 per early dismissal

To Register:To register now for the 2009-10 REK program, you must complete the registration form and return to the Vernon Parks and Recreation office with a non-refundable check for the first two weeks of the program. This deposit will reserve your spot for the school season and pay for your first two weeks of the program. Don't wait, space is limited!!!!

Parents must choose and commit to which days of the week their child will attend.

For more information please contact Vernon Parks & Recreation 120 South Street, Vernon CT 06066 870-3520

TUMBLE TIME

Get your little ones on their feet and ready to have some fun! This program is a **PARENT/CHILD** class for children ages 18 months to 30 months. Participants will play fun games with hoola hoops, parachutes, sing songs, skip, jump and much more. This class will help your child develop motor, listening and social skills. Don't miss out on this fun Friday morning class.

Fridays January 8-February 26 9:30-10:15am Vernon Teen Center

Fee: Residents \$43.00 Non-Residents \$48.00

Instructor: Ms. Pat

PRESCHOOL FITNESS-NEW TIME

The focus of this program is to get children involved in physical activity at an early age. This class is for children ages 3-5 years old. Classes include exercise, dance, body awareness, and fun games. Motor and listening skills will also be emphasized.

Session 1: January 12-February 23 (no class February 16)

Session 2: March 2-April 6

6:00-6:45p.m.

Vernon Teen Center Fitness Room

Fee: Residents \$35.00 Non-Residents \$40.00

Instructor: Ms. Pat

PEE WEE TRACK

This program is open to children ages 3 to 5 years old. Learn the fundamentals of track running. Here is the opportunity to meet new friends, release that bundle of energy and have fun learn the sport behind running! Participants will play fun drills and activities to develop an appreciation and love for running track. All participants will receive a Tshirt. This program will meet once a week for 6 weeks and will most likely begin in mid-April.

Thursdays April TBA 6:00-6:45p.m.

Rockville High School Track

Fee: Residents \$40 Non-Residents \$45

Instructor: Ms. Pat

LEARN TO DANCE-NEW

This program is a great way to introduce yourself to dancing and start your path on becoming the next Rockette dancer! It is for children ages 7-12 years old. Participants will learn proper ways for dancers to stretch before and after their class. Dance styles that are highlighted will be jazz and Rockette-style leg kicking. Dancers should wear comfortable clothes (no jeans), jazz shoes or sneakers and bring a water bottle.

Tuesdays

January 12-March 16 (no class 1/19, 2/16) 4:30-5:30 Vernon Teen Center

Fee: Residents \$45.00 Non-Residents \$50.00 Instructor: Ms. Noble

KARATE

This karate program is for children ages 5-12 years old. The Dragons and Advanced is for children 5-8 and the Preteen program is for children 9-12 years old. Martial Arts will help your child develop self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program. Program runs for 6 weeks.

Wednesdays

Session 1: January 6-February 10 Session 2: February 17-March 24 Session 3: March 31-May 12 (no class April 21 Dragons(Beginner): 5:00-5:45p.m. Advanced: 6:00-6:45p.m.

Preteen: 7:00-7:45p.m.

Vernon Teen Center Fitness Room

Fee: Residents \$43.00 Non-Residents \$48.00 Instructor: Hidden Dragons

HIP HOP DANCE CLASS: NEW

This is a dance class for anyone ages 9 or older. The dance students will learn choreographed routines to Hip Hop, R&B, and Latin music. The class will fuse the elements of hip hop dance which will include Breakin', Poppin', Lockin' and Latin. This genre of dance is great excercise, as well as a chance to learn and use memory skills. Get yourself ready to have fun!

Thursdays

January 14-March 4 7:15-8:15pm

Vernon Teen Center Fee: Residents \$45

Non-Residents \$50

SKATE LATE

The Vernon Parks and Recreation Department and Ron-A-Roll have teamed up to offer a fun program on Friday afternoons! Hop on the bus right after school on Fridays and be brought directly to Ron-A-Roll for some fun. This 6 week program is open to children in grades 1-8. The bus will pick the child up at their school and bring them to Ron-A-Roll. Parents are to pick them up at Ron-A-Roll at 6:30pm. Cost includes skating, skate rental (if needed), bus transportation and a pizza party on the last day. The program is not held during school vacations, ½ days or snow days. Don't miss out on this great way to exercise and have tons of fun!

Fridays

Session 1: January 15-February 19 Session 2: March 5-April 16 (no April 2)

Pick up 6:30pm Fee: \$67.00

BABYSITTING CLASS

This American Red Cross course provides individuals, ages 11 to 15, with the information and skills necessary to provide safe and responsible care for children in the absence of parents or adult guardians. This training will help participants develop skills in leadership and professionalism; basic care; safety and safe play; and first aid. Course handbooks are provided and students are required to compete homework assignments. Upon successful completion of the course, students will be given a certification card. Participants must attend all classes to receive certification.

Saturday March 27

9:00a.m. to 3:00p.m. Vernon Teen Center Fee: Residents \$65

Non-Residents \$70 Instructor: Mrs. Lauria

VERNON TRACK CLUB

The Vernon Parks and Recreation Department and Rockville Bank will be sponsoring a track program for boys and girls in grades K-8. This program has track meets with neighboring towns, which requires you to transport your child to and from those towns. NOTE: Meets may run on a different day of the week.

Tuesdays & Thursdays

Dates: TBA 5:45-6:45pm Rockville High School Track

Fee: Residents \$35.00

COCO KEY TRIP-NEW

The Vernon Parks and Recreation Department and Teen Center are offering a trip to the most tropical place in CT...Coco Key Resort! There might be snow on the ground, but get your bathing suits and beach towels out and ready to use. This trip is on Monday, February 15 for children ages 11-15 years old. The bus will promptly leave from the Vernon Teen Center (375 Hartford Turnpike) at 2:00pm arriving at Coco Key in Waterbury, CT at approximately 3:00pm. The bus will return at the Teen Center at approximately 8:30pm.

Monday, February 15

Fee: Teen Center Members \$10.00 Non-Members \$15.00

SPORTS NUTZ

If your 3- to 5-year-old child already believes he/she is the next NBA Superstar or Baseball All Star, here is your opportunity to release some of that energy and enjoy his/her first sports experience. This instructional, coed program, teaches the fundamentals of four different sports (Basketball, Baseball, Soccer, Track & Field) to young players using a variety of fun drills and activities designed to develop athletic skills and a love for the game. Program focuses on the most basic fundamentals of sport. All participants receive a T-shirt. Class size is limited to 20 participants. Åges 3-5

When: Saturdays March 27 to April 17

10 to 11 a.m. Time:

: Vernon Teen Center Where Fee: \$33 Resident \$38 Non-Resident

WRESTLING

Learn the sport of Wrestling!!! Wrestling has been an Olympic Sport since 1904. It teaches self-discipline, self confidence and fortitude. It also helps to develop a strength of character in young people. This program will be taught by Zach Odell. This is a 8week program.

Ages: 5-12

When: Saturdays, Starting January 2, 2009

Where: RHS Wrestling Room

Time: Ages 5-7; 12:30-1:30 pm (section A) Ages 8-12; 1:30-2:30 pm (section B) Fee: \$43 Res.; \$48 non-res.

Space is Limited; so register today!!

PEE WEE BASEBALL

An instructional, coed program, that teaches the fundamentals of baseball to young players using a variety of fun drills and activities designed to develop skills and a love for the game. Art Wheelock and the Rockville High coaches, and their players provide instruction and discuss the importance of having fun and good sportsmanship.

The program meets for 6 weeks. Class size is limited! Deadline April 9.

Who:Coed, Ages 6-8 a.m.—11:00 a.m. When: Saturdays April 17– May 22 Time: 10:00

Where: Rockville High School Baseball Field Fee: \$33 Residents or \$38 Non-Residents

Register at the Lottie Fisk Building in Henry Park or call 870-3520 for more information.

January 23, 2010	Vernon Winter Sports Spectacular- at Henry Park (Snow Shoeing, Cross Country Skiing, and more?
March 20, 2010	Lake Street School Lion's Leap (1.0 mile loop)
April 10, 2010	Center Road School Road Runner Dash (1.0 mile loop)
May 9, 2010	Mother's Day Dash (Henry Park) and Children's Run – 5K (Vernon Parks and Recreation)
June 5, 2010	Trails Day Trot (Various Distances)

ADULT PROGRAMS

PILATES

What Is Pilates? Pilates is an exercise option for everyone. Designed to develop a strong core (stomach, back and glutes) while maintaining loose, limber limbs. The exercises provide multiple variations to meet the needs of different body types. It strengthens the body while keeping all the joints mobile and flexible. While it's not cardiovascular exercise, you'll feel your muscles working and probably break a sweat. Bring a mat, comfortable clothes, and water. This is a mixed-level class so all are welcome to attend.

Mondays

January 11-March 29 (no 1/18 and 2/15) 5:00-6:00pm

Vernon Teen Center

Fee: \$50 Residents \$55 Non-Residents

TAI CHI

This class is a traditional Chinese low impact exercise. It is the best balance conditioning exercise through smooth execution and focus on developing the internal energy flow of the individual. Tai Chi helps numerous areas such as body balance, weight loss, stress release, flexibility, increase memory and much more. Come join this class and feel healthier, more energetic and happier! This is an ongoing program; the sessions are 8 weeks unless otherwise noted.

Mondays Januarý 6:30-7:30pm

Vernon Teen Center Fitness Room

Fee: Residents \$56.00

Non-Residents \$61.00

Instructor: Amy Xie

LOW IMPACT AEROBICS

This is a low impact aerobics program is for those ages 17 and older and will be sure to get you a good workout. Participants will move and tone their bodies to various music while at the same time meet new friends.

Session 1: January 12-March 2(no class 1/19 and 2/16)

Session 2: March 11-April 29

7:00-8:00pm

Vernon Teen Center Fitness Room

Fee: Residents \$40

Non-Residents \$45 Instructor: Pat Stauder

YOGA

Learn to relax, reduce stress, stretch, strengthen muscles and joints, and develop a more flexible body. Special attention is given to the spine, as the focus is on proper alignment, posture, and limbering up. Relaxation with deep breathing is emphasized, so that both mind and body feel restored and rejuvenated. Classes are appropriate for all ages, levels of ability, and belief systems. Please wear loose clothing and bring a mat or towel for extra comfort. Classes meet for eight weeks.

Thursdays

Session 1: January 14-March 4 Session 2: March 11-April 29

5:45-7p.m. Vernon Teen Center Fitness Room Fee: Residents \$52.00 Non-Residents \$57.00 Instructor: Donna Edgarton

TEEN/ADULT KARATE

This karate program is for people ages 13 years and older. Martial Arts is designed to teach real self-defense, self-control, self-discipline and confidence. Trained instructors, under the direct supervision of Kempo Master Rod Fuller of Hidden Dragon Karate, will teach the program.

Wednesdays

Session 1: January 6-February 10 Session 2: February 17-March 24

Session 3: March 31-May 12 (no class April 21

8:00-8:45p.m. Vernon Teen Center Fitness Room Fee: Residents \$43.00 Non-Residents \$48.00

Instructor: Hidden Dragons

VOLLEYBALL

COED VOLLEYBALL

Spend some time with friends, make new ones, or just enjoy playing volleyball. Matches will be officiated by league supervisors. Individuals ages 18 and over that are interested in participating in the coed league as team or to join a team should contact the Parks and Recreation Department at 870-3520. Teams need to register by Sept. 25.

Tuesdays Games starting Oct. 20

Vernon Center Middle School Fee: \$400 per team

WOMEN'S VOLLEYBALL

The women's volleyball league is a great opportunity to team up with friends once a week with the common goal of fun. Matches are officiated! Individuals ages 18 and over that are interested in participating in the league as a team or to join a team should contact the Parks and Recreation Department at 870-3520. Teams need to register by Sept. 25.

Tuesdays Games starting Oct. 20

Vernon Center Middle School Fee: \$400 per team

BASKETBALL

ADULT HOOP LEAGUE

This program is for Vernon residents ages 18 and over. The league plays on Monday thru Thursday evenings. All teams interested must register by Nov. 20. Individuals interested

in getting on a team must be Vernon residents and should contact the Recreation

Department at 870-3520.

Monday thru Thursday evenings Season begins on Jan. 4 Vernon Center Middle School Fee: \$675 per team

\$750 Tolland/Ellington*** & Rockville High School

All players must be from their respective town

OVER THE HILL HOOPS

Have fun and get in shape at this drop-in basketball program for Vernon residents ages 35 and over. Half-court games are organized each week.

7:30-9 p.m. Schedule available at gym Fridays Starting Oct. 16

Vernon Residents ages 35 and older

Vernon Center Middle School \$35 flat rate Fee: \$3 per week

To participate, register at the gym on Fridays with identification.

SENIOR HOOPS

Looking for a way to get into shape during the Winter Season? The Vernon Parks and Recreation Department is proud to offer a Senior Drop-in Basketball Program. Open gym will start December 9th. This is your chance to get those legs moving and your heart pumping. This is an eight week program that will run one night a week. Program will be determined by the number of participants. You MUST be registered to participate.

Days:

Wednesday December 9, 2009 7:00-8:30 Dates:

Times: \$18.00 Fee:

Location:

Teen Center Gym 375 Hartford Turnpike Vernon, CT 06066

FAMILY EVENTS & BUS TRIPS

FAMILY BOWLING

The Vernon Parks and Recreation Department and Rockville Vintage Lanes have teamed up to bring you a fun day of bowling! Come to the newly renovated Rockville Vintage Lanes located at 49 West Main Street on Sunday, January 17 anytime between 2:00 and 5:00pm. Cost is \$8 per person which includes 2 games of bowling and shoe rentals.

Sunday, January 17

2-5pm

Rockville Vintage Lanes

\$8.00/person

WINTER SNOWSHOE SERIES

The Manchester Running Company and Vernon P&R are teaming up to conduct a snowshoe race series.

- The races will start on Sunday January 3 and run every Sunday until February 14
- Half mile Fun-Run & snowshoe lessons at 1:00
- 5k race at 1:30
- Held at Vernon Center Middle School near baseball field, in front of School

- No experience required
- It fun, a new experience and good exercise
- Cost \$5 for fun run (you pick your own distance) and \$10 for 5k race
- Registration on line through <u>www.manchesterrunningcompany.com</u> or individuals can simply show up on race day beginning at 12:00 noon. Forms will be at P&R
- Limited (10-15 pairs) of Dion snowshoes will be available for those new to the sport for a trial period
- Proceeds will go to P&R programs

WINTER CONCERT SERIES

The Parks and Recreation Department is proud to bring you another cultural art series. All concerts will be held at the Vernon Senior Center in the upstairs hall at 1:00pm. For more information on the concerts please contact the Recreation Department.

Saturday, January 23 Vernon Senior Band
Setunday, January 24 Vernon Senior Band

Saturday, February Saturday, March 27 Irish To The Last Drop Big Band Sound of the 40's

BUS TRIP TO BOSTON

Enjoy a nice day in Boston, MA. The Vernon Parks and Recreation Department is sponsoring a day trip to Boston, MA on Saturday, March 13. This is the perfect time to enjoy the city to sightsee, shop, go to a museum, the aquarium, and much more. Explore all the excitement and history that Boston holds. The bus will leave from the Vernon Teen Center at 8:30am and arrive in Boston at approximately 10:00am. The bus will depart from Boston at 6:00pm to arrive back in Vernon at approximately 7:30pm. Do not miss this wonderful experturity to see Boston! miss this wonderful opportunity to see Boston!

Saturday, March 13 Fee: Residents \$35.00 Non-Residents \$40.00

EASTER EGG HUNT

The Annual Easter Egg Hunt will once again take place at Henry Park this spring on Friday, April 2. Come and hunt for thousands of foil wrapped solid chocolate Easter Eggs hidden by the Easter Bunny. Children 2-4 must be accompanied by an adult during the event. No pre-registration is required.
Who: Children ages 2-8
When: Friday, April 2 (rain date Saturday, April 3)
Location: Henry Park

Times:

Age 2: 9:45a.m. Age 3-4: 10:15am Age 5-6: 9:30am Age 7-8: 10:00am

EARTH DAY

Come and help keep Vernon beautiful and clean on **Thursday, April 22**! The Vernon Parks and Recreation Department welcome families, friends and organizations to help take part in projects to help beautify the town. Interested groups may call the Parks and Recreation Department at 870-3520 for more information.

Send A Kid To CampThe Vernon Parks and Recreation Department is looking for sponsorships to send a child to camp this upcoming summer. A \$65 sponsorship can send a child to camp for a full week. Our goal is to give 100 children the opportunity to go to camp this summer that may not usually be able to attend.

ADDITIONAL INFORMATION

INSTRUCTORS AND SUPERVISORS NEEDED

If you have any specific talent or are looking for part time work, contact the Parks and Recreation office.

PROGRAM INPUT

If there is a program that you would like to see offered, please give us a call and share your ideas.

ADVERTISING OPPORTUNITIES

This is an opportunity for businesses to purchase a 4 x 8 permanent annual sign at Henry Park softball field.

With more than 150,000 visiting the park annually, the visibility is excellent.

For more information contact Steve Krajewski at 870-3520.

TOWN OF VERNON ON-LINE

You can access the Vernon Parks and Recreation Program Information on-line at: www.vernon-ct.gov

MESSAGE FROM THE PARKS & RECREATION OFFICE

We would like to thank our part-time staff for helping to put together another successful summer. The day camps provided a summer of fun for over 300 children of

Vernon and surrounding towns.

The Vernon Pools and Beaches were packed all summer and more than 300 children participated in swim lessons in town. The Parks and Ballfields were well maintained to provide Vernon residents with a great place to picnic, hike or play ball.

PUBLIC PARK FYI

Dogs Must Be Leashed ... Town ordinance requires dogs to be leashed on public property, including town parks. Also, please clean up after your dog. People (especially children) are playing everywhere! This is unhealthy and inconsiderate. Please don't give the majority of dog owners & dog lovers a bad reputation.

No Golf Allowed ... Town ordinare prohibits the play of golf at Public Parks. Golf is

unsafe for others in the park and can cause damage to the turf.

Please Respect Your Property Town parks are your parks. THANK YOU!!!